

Birankai North America presents a

# Northwest Regional **Aikido** Seminar

at Puget Sound Aikikai

101 Nickerson St. #130 Seattle, WA 98109

**March  
14th & 15th  
2009**

Sat: noon - 5pm

Sun: 10am - 12:30pm



**F.Ishu Ishiyama** 6th dan  
Chief Instructor Vancouver West Aikikai



**Darrell Bluhm** 6th dan  
Chief Instructor Siskiyou Aikikai

To pre-register or to find out more visit:

[http://www.mountaincoastaikikai.com/seminar\\_200903.html](http://www.mountaincoastaikikai.com/seminar_200903.html)

To speak directly to someone about this seminar:

[info@mountaincoastaikikai.com](mailto:info@mountaincoastaikikai.com) (604) 737-7395